



Newborn Vaginal Birth: What to Expect

Welcome to the Mother/Baby Unit at Woman's Hospital. We are dedicated to making your stay as comfortable and reassuring as possible. Our team is here to support you and your family, and we hope you feel at home during your time with us.

As part of our commitment to providing you with the highest quality care and comfort, we want to let you know about some of the activities and services you can expect during your stay.

Activity/Discharge Milestone	Anticipated Time Frame
Orientation to Mother/Baby Unit	Upon arrival to Mother/Baby
Hepatitis B Vaccine Administered (if ordered and desired)	Within 12 hours of birth
Beyfortus (RSV) Vaccine Administered (if ordered and desired)	Prior to discharge (during RSV season)
Birth Certificate Information Information required for Louisiana Birth Certificate	Within 36 hours of birth
Hearing Screening A state required hearing screening for your baby	Between 12 to 36 hours after birth
Cord Clamp Removed	Within 36 hours of age, unless stump is not dry
Car Seat Tolerance Testing Car seat tolerance testing requires you to bring your own car seat . Your baby will be monitored to ensure they can tolerate sitting upright in a car seat if they were born prior to 37 weeks and/or weigh less than 2250 grams. Testing lasts 90 minutes, or the duration of travel, up to a maximum of 3 hours.	Prior to the day of Discharge (if applicable)
Bilirubin Screening for Jaundice	At 36 hours of age or prior if discharged earlier
Newborn Screening Screens for PKU as well as many other metabolic disorders	At 36 hours of age or prior if discharged earlier
Pulse Oximetry Screening for CCHD This is a screening done for critical congenital heart defects	At 36 hours of age or prior if discharged earlier
Meds to Beds (if applicable) Discharge Rx delivered to your bedside by Woman's Retail Pharmacy	Before Discharge
Circumcision (if applicable) Your baby will be observed for at least 2 hours after the procedure for any bleeding, swelling, etc.	Between 24 to 46 hours after birth
AccuCheks (to check blood sugar/glucose, if ordered) Duration depends on reason ordered	Before feedings X 12 to 24 hours of age
Lactation Consult (initial consult)	Within 12 to 16 hours from birth
Car Seat Installed	Prior to day of discharge
Infant Security Tag Removed & Footprint Sheet completed	At time of discharge

If you have not yet chosen a pediatrician for your newborn who participates in your insurance plan, please select one as soon as possible. This will help us coordinate your baby's care after discharge. Once your baby's doctor gives a discharge order and they have met all necessary milestones, your baby will be ready to discharge home. In most cases, this occurs within 48 hours after birth if there are no complications.

Please remember that this is only an estimated timeframe and should be discussed with your baby's physician during daily rounds. **Be sure to arrange transportation in advance. If you anticipate anything that could delay your baby's discharge, inform your nurse as soon as possible.**

Thank you for choosing Woman's Hospital.