



Woman's

Postpartum Vaginal Delivery: What to Expect

Welcome to the Mother/Baby Unit at Woman's Hospital. We are dedicated to making your stay as comfortable and reassuring as possible. Our team is here to support you and your family, and we hope you feel at home during your time with us.

As part of our commitment to providing you with the highest quality care and comfort, we want to let you know about some of the activities and services you can expect during your stay.

Activity/Discharge Milestone	Anticipated Time Frame
Orientation to Mother/Baby Unit	Upon arrival to Mother/Baby
Vaccines Administered (if ordered and desired)	Within 24 hours following delivery
IV Access Removal	6 hours after arrival to Mother/Baby*

*After arrival to Mother/Baby, IV access may be discontinued within 6 hours unless excessive bleeding, nausea, temperature greater than 100°F, or on orders to treat high blood pressure.

Birth Certificate Information..... **Within 36 hours following delivery**
 A representative will call your room to obtain Information required for Louisiana Birth Certificate

Meds to Beds..... **Before Discharge**

Discharge Rx delivered to your bedside by Woman's Retail Pharmacy. To speed up your Meds to Beds delivery, we encourage you to register for a Woman's MyChart account by scanning the QR code to get started. Once registered, you can securely add a payment method to your account.



Lactation Consult..... **Within 12 to 16 hours following delivery**

Postpartum Follow-up Appointment Scheduled..... **Prior to the day of discharge**

If your postpartum follow-up appointment was not scheduled prenatally, please schedule it as soon as possible, before the day of discharge.

Once your doctor gives a discharge order and you have met all necessary milestones, you will be ready to return home. In most cases, this occurs within 48 hours after delivery if there are no complications.

Please remember that this is only an estimated timeframe and should be discussed with your physician during daily rounds. **Be sure to arrange your transportation in advance. If you anticipate anything that could delay your discharge, inform your nurse as soon as possible.**

Thank you for choosing Woman's Hospital.