

# URGENT MATERNAL WARNING SIGNS



**Headache that won't go away or gets worse over time**



**Dizziness or fainting**



**Thoughts about hurting yourself or your baby**



**Changes in your vision**



**Fever**



**Trouble breathing**



**Chest pain or fast-beating heart**



**Severe belly pain that doesn't go away**



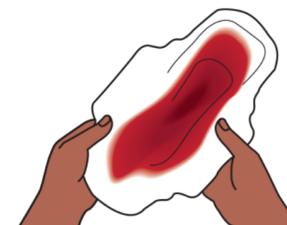
**Severe nausea and throwing up (not like morning sickness)**



**Baby's movements stopping or slowing**



**Vaginal bleeding or fluid leaking during pregnancy**



**Vaginal bleeding or fluid leaking after pregnancy**



**Swelling, redness, or pain of your leg**



**Extreme swelling of your hands or face**



**Overwhelming tiredness**

**If you have any of these symptoms during or after pregnancy, contact your health care provider and get help right away.**

**If you can't reach your provider, go to the emergency room. Remember to say that you're pregnant or have been pregnant within the last year.**

**Learn more: [safehealthcareforeverywoman.org/urgentmaternalwarningsigns](https://safehealthcareforeverywoman.org/urgentmaternalwarningsigns)**



Take a photo to learn more

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The Council on Patient Safety in Women's Health Care is a broad consortium of organizations across the spectrum of women's health for the promotion of safe health care for every woman.