



3-Hour Glucose Tolerance

Woman's Hospital Laboratory is located in **Suite 110, on the 1st Floor of the Physicians Office Building.** When you enter through the front entrance, Suite 110 will be on the RIGHT hand side of the hallway. Once you enter Suite 110 proceed to the front registration desk where they will check you in.

Our scheduled hours are **Monday through Friday: 6:30am-5:30pm and Saturday: 7:00am-1:00pm.**
Note: You must arrive before 9:00am or you will be asked to return another day. This a 3-hour test, so plan accordingly.

Woman's Laboratory is happy to assist you with any questions about our services. Outpatient Lab services may be reached during our normal working hours at **924-8297.**

Schedule your glucose testing appointment Mon-Fri 8:00am-4:30pm at 225-924-8391.

NOTE: We encourage you to eat a healthy protein-enriched meal the night before you fast. You should have nothing to eat or drink (other than water) for 8-10 hours before the test. The morning of the test, you can brush your teeth, and you can take medications with small sips of water.

INSTRUCTIONS:

1. If your physician handed you a written order please bring that with you to your appointment.
2. A urine specimen will be collected before starting the test. **DO NOT** empty your bladder right before reporting to the laboratory.
3. Your blood will be drawn to determine your fasting blood sugar.
4. You will be asked to drink a glucose solution. (glucola).
5. Your blood will be drawn 4 more times (1hr, 2hrs, and 3hrs).
6. Your physician will receive results of your testing. *You can get a copy of your results at Woman's patient portal <http://www.womans.org/mywomans>.*



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