



Woman's

1-Hour Glucose Tolerance

Woman's Hospital Laboratory is located in **Suite 110, on the 1st Floor of the Physicians Office Building.** When you enter through the front entrance, Suite 110 will be on the RIGHT hand side of the hallway. Once you enter Suite 110 proceed to the front registration desk where they will check you in.

Our scheduled hours are **Monday through Friday: 6:30am-5:30pm and Saturday: 7:00am-1:00pm.**
Note: High-volume times occur between the hours of 7:00am-10:30am.

Woman's Laboratory is happy to assist you with any questions about our services. Outpatient Lab services may be reached during our normal working hours at **924-8297.**

Schedule your glucose testing appointment Mon-Fri 8:00am-4:30pm at 225-924-8391.

NOTE: You DO NOT have to fast before this test.

INSTRUCTIONS:

1. If your physician handed you a written order please bring that with you to your appointment.
2. A urine specimen will be collected before starting the test.
DO NOT empty your bladder right before reporting to the laboratory.
3. You will be asked to drink a glucose solution. (glucola).
4. Your blood will be drawn 1 hour after drinking the glucola.
5. Your physician will receive results of your testing.
You can get a copy of your results at Woman's patient portal <http://www.womans.org/mywomans>.



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