



# Letter from the Chief Nursing Officer



Dear Colleagues in Nursing,

I am very proud to share with you the 2022 Nursing Annual Report. The report is organized around the components of the Magnet model and highlights a sampling of the incredible accomplishments of our nurses in 2022.

The nearly 900 nurses that make up Woman's nursing team are exceptional and exceed expectations every day with the care they

provide to our patients, families, and each other. The year 2022 was one of significant growth and change. We welcomed a new CEO and continued our efforts to stabilize from the pandemic. We achieved numerous recognitions for our exceptional care and celebrated a decade on our beautiful hospital campus.

Woman's continues to be a preferred place to work and to receive care in our community. The quality of our nursing care is unmatched as evidenced by the maintenance of our Magnet accreditation since 2006. At the conclusion of 2022, we were looking forward to our upcoming Magnet site visit which would result in our 4th designation as a Magnet organization. I couldn't be prouder to lead such an amazing and accomplished nursing team.

Cheri Johnson, MSN, RNC-OB
Senior Vice President, Patient Care/Chief Nursing Officer



# Nursing at Woman's

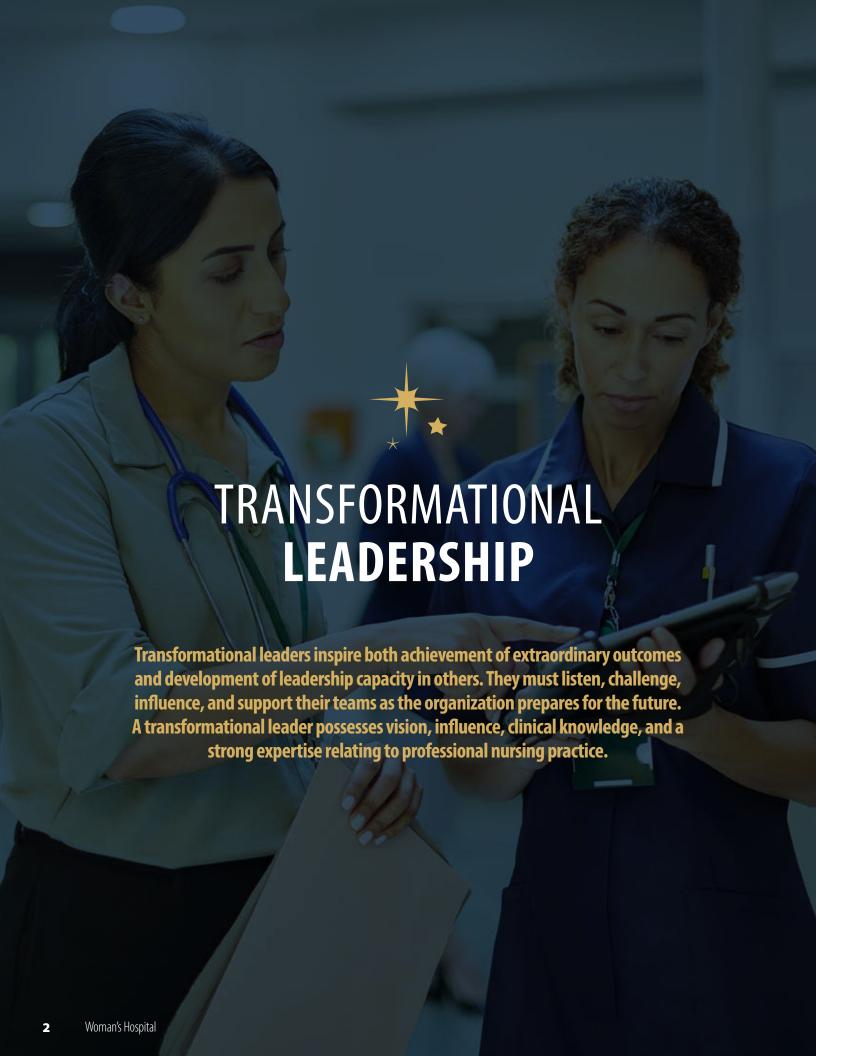
Woman's exceptional team includes nearly 900 nurses, each of whom is dedicated to improving the health of women and infants in our care and in the community. This commitment is exemplified by recognition as a Magnet organization since 2006. ANCC's Magnet Recognition Program® hono healthcare organizations that meet rigorous standard for nursing excellence and quality patient care and is the highest honor an organization can receive for professional nursing practice.

# **Executive Nurse Leaders**

Cheri Johnson, MSN, RNC-OB, Senior Vice President of Patient Care/Chief Nursing Officer Cathy Griffiths, DNS, RNC-OB, NEA-BC, Chief Quality Officer

# **Nursing & Patient Care Directors**

Peggy Dean, BS Pharm, MBA, BCPS, BCGP, Director of Pharmacy
Danette Legendre, RCP, CRT-NPS, Director of Respiratory Care
Jennifer Levy, MSN, RN, NE-BC, Executive Director, Physician Practice Management
Mary Beth Magee, BSN, RN, CNML, Director of Assessment Center
Alicia Plumer, MSN, RN, CPAN, Director of Perioperative Services
Amye Reeves, BSN, RNC-OB, C-ONQS, Director of Obstetrical Services and Adult ICU
Wendy Singleton, MSN, APRN, ANP-BC, NEA-BC, Associate Chief Nursing Officer
Kayla Tamplain, MSN, RN, Director of Care Management
Shannon Thibodeaux, MSN, RN, Director of Neonatal ICU and Neonatal Transport
Dana Vidrine, MSN, RNC-MNN, Director of Mother/Baby, Lactation, and Transition Nursery





#### **Woman's Welcomes New CEO**

In May 2022, Woman's welcomed a new President and Chief Executive Officer to be the steward of the organization's mission and future success. Rene Ragas, FACHE, is a Louisiana native and a seasoned healthcare executive who also has personal ties to the organization. All three of his children were born at Woman's.

"I have admired the passion and commitment of Woman's to its mission for many years as a member of the local healthcare community, but the personal connection I have from experiencing the exceptional care that was provided to my wife and our children is incredibly meaningful to me," said Ragas. "I'm excited to be joining the team today and to help solidify the legacy that has been established at Woman's and carry it well into the future."

# Cheers to 10 Years of Strength and Resilience

On August 5, Woman's team members celebrated 10 years on the new campus. The campus at 100 Woman's Way has seen a lot of milestones in the past 10 years. We've seen growth and expansions, pioneering technology and life-saving procedures. We've celebrated thousands of birthdays, held our patients' hands through tough times and motivated our teammates to keep going.

Through our highs and our lows, we managed to stay resilient and continue on. The traditional gift for a 10th anniversary is tin or aluminum which signifies strength and resilience. This is very fitting for us now more than ever. Our resilience is what got us through the global pandemic and our strength and excellence is part of what makes Woman's Hospital a leading provider in our community.

In the past 10 years, Woman's has provided these estimated number of services:

• Births: 83,500

Neonatal Transports: 920

• NICU Admissions: 22.500

Maternal-Fetal Medicine Visits: 120,500

• **Surgeries:** 75,000

• **Pap Smears:** 607,000

**Breast Procedures:** 429,000

Pediatric and Adult Therapy Visits (Outpatient Services): 5.6 million

This milestone was celebrated with a cocktail hour in which team members were served "mocktails" and sweets by hospital leaders and shared toasts to 10 years of success.















### 15 Years as a Best Place to Work in Healthcare!

Woman's Hospital was selected by Modern Healthcare magazine as a Best Place to Work in Healthcare for the 15th consecutive year. Woman's is the only healthcare organization to earn the distinction every year since the program's inception. The national award identifies and recognizes outstanding employers in the healthcare industry who have achieved workplace excellence and enabled employees to perform at their optimal level. Winners are chosen based on employee satisfaction survey data.

### Nobody Does It Better...World's Best Hospitals Recognition

Woman's was recognized on Newsweek's list of World's Best Hospitals again in 2022, this year for gynecology and maternity care.



2022
Newsweek
statista

Woman's is one of only five hospitals in the world and the only one in the United States to be recognized for these specialties.

Woman's is the largest delivery hospital in Louisiana, welcoming more than 385,000 babies since opening in 1968. The hospital also performs approximately 8,500 surgeries

per year with more than 50% of those related to gynecologic health. Woman's is currently the only freestanding, private, non-profit specialty hospital for women and infants in the United States.

The World's Best Hospitals ranking, now in its fourth year, is intended to be a resource to help patients make a more informed and data-driven decision when choosing the right hospital for their medical needs. This award recognizes the best medical institutions across 27 countries and is presented by Newsweek and Statista Inc., using a methodology to ensure quality and validity in data related to:

- **Hospital recommendations from peers:** an international online survey that included more than 80,000 doctors, hospital managers and healthcare professionals.
- Patient experience: surveys measuring patient satisfaction with hospitals.
- Medical outcomes: patient safety, hygiene measures and quality of treatment.

#### **Press Ganey Guardian of Excellence Award**



Woman's was recognized by Press Ganey with the Human Experience Guardian of Excellence Award for Patient Experience for the 8th year in a row. Press Ganey is a leading provider of patient experience measurement and performance analytics for healthcare organizations. They give this award annually to organizations that have achieved 95th percentile or higher in designated survey measures for the 12-month reporting period. Woman's has received this award for eight consecutive years, and for 2 consecutive years for ambulatory surgery.

### 2022 LHA Safety Star Award

In December 2022, the Louisiana Hospital Association Trust Funds (LHA Trust Funds) designated Woman's Hospital as one of its 2022 Safety Star Award winners. The Safety Star Award is presented to healthcare facilities that develop and implement new, innovative ideas to improve patient safety.

Based on the results of a comprehensive safety and vulnerabilities assessment, Woman's restructured its security program, created an internal security force and implemented a "Fast-Pass" tracking system that requires all visitors to register with a photo ID.

Woman's transitioned to an in-house security staff, stationing armed Security Response Officers (SROs) and other unarmed guards throughout the facility. SROs are highly skilled security professionals who typically have backgrounds in law enforcement and/or military and are trained in a number of different security threat scenarios including response to an active shooter/gun threat. Additional security investments included:

- Patient/clinical care rapid lockdown system
- Two new mobile security vehicles for campus patrols
- "Woman's First Alert" emergency notification system
- Enhanced departmental training exercises
- LED lights in campus parking lots

Woman's is dedicated to improving the health and safety of all patients, families and employees who walk through its doors.

# **Birth Ready+ Designation**

In March 2022, Woman's received Birth Ready+ designation from the Louisiana Department of Health for our efforts in promoting safe, equitable, and dignified birth for all birthing persons in Louisiana — one of only eight facilities in the state to earn this distinction.

The Birth Ready+ Designation reinforces and ensures that birthing facilities are implementing best practices to improve maternal health and outcomes from pregnancy through childhood. To achieve designation, facilities met criteria in five dimensions, including implementation of policies and procedures, promoting patient partnership, and addressing health disparities and equity. The eight hospitals that have achieved Birth Ready+ Designation have met a higher threshold of compliance and achievement of the requirements.

#### The Gift Shining Star Designation



Woman's has held The Gift designation from the Louisiana Department of Health since 2011 for improving the health of women and infants by protecting, promoting, and supporting breastfeeding. This designation serves to increase breastfeeding rates and hospital success through its focus on improving the quality of maternity services and enhancing patient-centered care.

While Woman's has been The Gift designated for more than 10 years, 2022 was the first year the hospital received The Gift Shining Star recognition—the highest designation a Louisiana hospital can receive for its commitment to breastfeeding. Only 17 hospitals hold this prestigious designation.

# **Bariatric Surgery Program Receives National Accreditation**

The Woman's Bariatric Surgery program was awarded the Bariatric Center of Excellence (COE) accreditation from the Clinical Sciences Institute of Optum for a third year.

Optum COE facilities are evaluated annually to ensure the highest quality and best value in bariatrics. As a re-designated COE, the Woman's Bariatric Surgery Program was rigorously evaluated in volume of surgeries, number and experience of surgeons, complications and mortality rate, certifications, length of program existence and multidisciplinary team.

Accredited COEs have fewer complications and readmissions, and are able to boast:

- 19% lower mortality compared to non-COE providers
- 30% lower inpatient hospital readmission
- 24% lower reoperation rate for bariatric procedures
- \$4,239 lower average cost per surgical episode
- High patient satisfaction

Woman's weight loss surgery program is also nationally accredited by the Metabolic and Bariatric Surgery Accreditation and Quality Improvement Program (MBSAQIP) and has achieved Blue Distinction Specialty Care Center Plus designation from Blue Cross Blue Shield.

#### **Research Accreditation**



Woman's received full accreditation by the Association for the Accreditation of Human Research Protection Programs (AAHRPP). This organization promotes high-quality, ethically sound research through an accreditation process that helps organizations strengthen their human research protection programs. To earn accreditation, organizations must provide tangible evidence of their commitment to scientifically and ethically sound research and to continuous improvement. This accreditation, Woman's in-house institutional review board, and our onsite health sciences librarian provide support for nurses conducting research.

#### **Full Accreditation with The Joint Commission**

Following a spring 2022 site visit, Woman's Hospital was granted full accreditation for all services surveyed by The Joint Commission (TJC). Achieving accreditation demonstrates a commitment to continuous improvement in patient care. TJC accreditation is a three-year award.

The Joint Commission is the nation's oldest and largest standards-setting and accrediting body in healthcare. It seeks to continuously improve healthcare for the public, in collaboration with other stakeholders by evaluating health care organizations and inspiring them to excel in providing safe and effective care of the highest quality and value.



Woman's Hospital 2022 Nursing Annual Report

# **Hospital Day at the Capitol**

On May 11, representatives from Woman's Hospital, including CEO Rene Ragas and CNO Cheri Johnson, participated in a Hospital Day Health Fair in the Louisiana State Capitol Rotunda. This event is sponsored by the Louisiana Hospital Association and serves as a reminder to lawmakers about the importance of hospitals and the services they provide to the community.

Local senators and representatives visited the Woman's Hospital table to learn more about our Guiding Recovery and Creating Empowerment (GRACE) program. GRACE is a care coordination program for pregnant women with opioid use disorder.





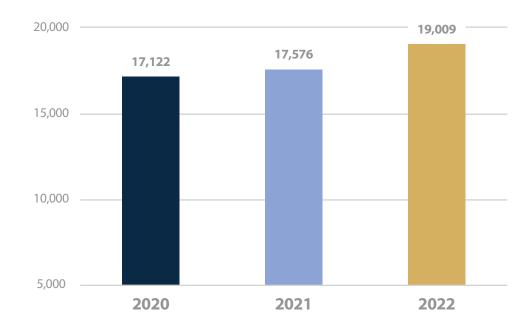
# **Record Setting Assessment Center Volume**

Woman's Assessment Center provides 24/7 care for women's urgent and emergent medical needs, including labor triage, obstetrical and gynecologic conditions, surgical emergencies, and care of sexual assault survivors. Thanks to the highly specialized care of our multidisciplinary teams, the Assessment Center saw a record-breaking 19,009 patients in fiscal year 2022.





### **Assessment Center Patient Visits**



# **Chief Nursing Officer Advisory Committee**

The Chief Nursing Officer (CNO) Advisory Committee was implemented in 2018 to provide an opportunity for clinical nurses to connect with the CNO and to understand the important relationship between their work and how it supports nursing practice at the bedside. This committee also improves the bi-directional flow of information and fosters quicker resolution of clinical staff concerns. The CNO Advisory committee is made up of clinical nurses from all departments who meet monthly with CNO, Cheri Johnson and Associate CNO, Wendy Singleton. In 2022, topics discussed by this group included the following: organizational leadership updates, nursing tactical plan, child life specialist services in the NICU, implementation of new infusion pumps, emergency team staffing for weather events, preparation for EPIC implementation, TJC accreditation visit, Diversity, Equity & Inclusion work, visitation policies, security and workplace violence, Magnet re-designation, and nursing compensation and staffing incentives.

# **2022 CNO Advisory Committee Members**

Chelsea Bradford, AICU
Shelisa Cager, Cancer Pavilion
Lakaisha Jackson, Med-Surg/Oncology
Tiffany Carter, Mother/Baby
Stacey Crawford, LSU OB/GYN Clinic
Meredith Gaudet, High Risk Unit
Maryellen Kelly, PACU
James Maryman, NICU
Adrienne McVea, Pre-Surgery Center

Stephanie Powers, Surgical Care Unit Julie Prejean, Surgical Care Unit Lauren Rachel, Information Systems Leslie Roy, PACU Janelle Simmons, Labor and Delivery Meagon Singletary, Operating Room Linda Travis, NICU



Transformational leaders inspire both achievement of extraordinary outcomes and development of leadership capacity in others. They must listen, challenge, influence, and support their teams as the organization prepares for the future. A transformational leader possesses vision, influence, clinical knowledge, and a strong expertise relating to professional nursing practice.

# Shared Governance

Shared decision-making is a key component of nursing practice at Woman's. Our shared governance councils, depicted in the model below, are made up of clinical nurse representatives from each department who collaborate to make decisions within their respective scope of responsibility. Councils meet monthly on Senate Day and their recommendations are presented to the Nurse Executive Council for final approval for implementation.

#### **Practice Council**

Defines, approves, implements, and maintains standards of practice in which clinical excellence and optimal patient care are promoted

#### **Quality and Safety Council**

Evaluates and improves quality, safety and patient satisfaction

#### Education and Professional Development Council

Promotes educational initiatives that creates a learning organization and enhances the education, professional development and career advancement of nurses

# Nurse Executive Council

Supports excellence in patient care through oversight of shared governance councils, coordination of projects, and allocation of resources

#### **Research Council**

Promotes nursing care quality and fosters the spirit of inquiry; supports nurse involvement in research activities; communicates results of research

### **Nursing Leadership Council**

Promotes effective management of clinical nurses; provides resources necessary to meet patient care needs; and supports nurse satisfaction through shared best practices

#### **Informatics Council**

Promotes quality and efficiency through clinical information systems; supports implementation of new technology

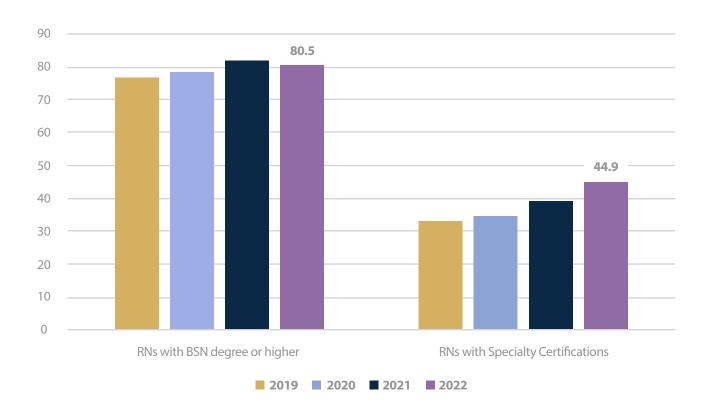
# **Fostering the Professional Development of Nurses**

The Nursing Education and Professional Development Council promotes the professional development of nurses and supports nursing recruitment and retention. The committee, made up of clinical nurses, oversees and manages the Nursing Professional Development Program (career ladder) and evaluates and implements other professional development activities for nurses. In early 2022, the Nursing Professional Development program (career ladder) rubric was updated to provide more opportunities for clinical RNs to grow and develop within their roles. Two additional opportunities to earn points on the rubric were added - years of service as a Woman's Hospital RN and cross-training to a secondary clinical role. These changes, along with some additional flexibility with regard to progression, allow for movement from RN II (Competent) to RN III (Proficient/Expert) level. We would like to congratulate our 222 career ladder nurses and recognize their efforts to develop and grow professionally.

# **Advancing Nursing Education and Certification**

Woman's encourages nurses to continue their education and seek opportunities to grow professionally through certification in their area of practice. Financial support is offered through the Educational Assistance program, which provides certification and tuition reimbursement, as well as certification bonuses. In FY 2022, \$120,000 was paid out to nurses pursuing baccalaureate and graduate nursing degrees, and \$42,500 was awarded for nursing specialty certifications.

# **Nursing Credentials**



# Certified Nurses Day

National Certified Nurses Day is celebrated annually on March 19. It's a day to recognize nurses who earn and maintain the highest credentials in their specialty. Certified nurses are dedicated to professionalism, excellence and service, and contribute to better patient outcomes at Woman's and across the nation. Certified nurses are considered clinical experts and have demonstrated a level of knowledge validated by the credentialing boards. We are proud to boast almost 300 certified nurses on our team at Woman's. On March 25, a special breakfast was held to celebrate and honor our certified nurses.



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CAPA











# **Celebrate Nursing Awards**

Woman's nurses Emily McKenzie (Nursing Administration), Brooke Verzwyvelt (Labor and Delivery), Megan Haley (Labor and Delivery), Alicia Boudreaux (Med-Surg/Oncology), Cindy Collins (NICU), Natalie Gros (NICU), and Puddin Samrow (Employee Health) were honored at the Baton Rouge District Nurses Association Celebrate Nursing Awards banquet.

The Celebrate Nursing Award honors nurses who have made significant contributions to the community, healthcare, and the nursing profession. These deserving recipients were nominated by their peers and leaders.





# **March of Dimes Nursing Awards**

Two Woman's NICU Nurses – Kali Smith and Lezlie Nosacka were honored at the 2022 March of Dimes Chefs Auction as nominees for the state for the Excellence in NICU Nursing award. They were recognized at the annual March of Dimes Signature Chefs Gala on December 1.



# FOR EXTRAORDINARY NURSES

# HONORING NURSES INTERNATIONALLY IN MEMORY OF J. PATRICK BARNES





















The **DAISY** (**D**iseases **A**ttacking the **I**mmune **Sy**stem) Award is an international program that honors the skillful, compassionate care nurses provide every day. Nominations are submitted by patients, visitors, and other members of the care team. Award winners receive an award pin, a certificate and a special sculpture hand-carved by artists in Africa. A surprise celebration is held in the winner's department, along with a congratulatory banner posted in the unit.



### 2022 DAISY Award Recipients

Andrea Holden, Labor and Delivery
Angela Musso, Physician Practice Management
Morgan Raiford, Operating Room
Stacie Crawford, LSU OB/GYN Clinic
Peyton Stokes, Mother/Baby
Crystal Martin, Assessment Center
Brooke Fenley, Labor and Delivery
Tina Nguyen, Med-Surg/Oncology
Darian Buquet, NICU
Janelle Simmons, Labor and Delivery
Lezlie Nosacka, NICU

# **Transition-to-Practice Program for new RNs**

The "Galaxy of Success" transition-to-practice (TTP) program assists nurses in successfully transitioning to the role of professional Registered Nurse at Woman's. The themes of Empowering, Experiencing and Engaging are incorporated throughout the program and the program objectives are applicable to all nurses, regardless of experience.

New graduates and nurses with less than one year of experience, participate in the "Successful Transition through Application and Research" (STTAR) program, which is a component of the Galaxy of Success. It is a six-module program that extends over one year. Module topics include:

- Communication, Collaboration and Teamwork
- Patient- and Family-Centered Care
- Evidence-Based Practice (including team project)
- Quality, Safety and Outcomes
- Informatics and The Nurse as a Leader
- Lagniappe (Self-care and Resilience, Motivation, Continuing Education, Career Ladder, Preventing Burnout)

The second cohort of the TTP program graduated in June 2022. Their evidence-based practice project topics included the following:

- Oropharyngeal colostrum in the NICU
- Impact of a light diet on stamina during labor
- Non-nutritive sucking in the preterm infant
- Preventing readmissions for surgical site infections
- Preventing readmissions for postpartum hypertension
- Effect of high-dose oxytocin on cesarean rates
- Pain management for preterm infants during mechanical ventilation

#### **Leadership Incubator**

Woman's Leadership Incubator program is designed for high potential employees to promote the development of leadership capacity in order to move into managerial and leadership roles. The program was facilitated by Lacy Dicharry, Leadership Development Coordinator. The 2022 program participants, including six registered nurses, are shown below.

**Heather Ballmer**, Clinical RN/Clinical Nurse Leader (NICU)

**Beth Burleigh**, NICU Social Worker (Social Services)

**Sharareh Creel**, Benefits Coordinator (Human Resources)

Chaney Davis, Contract Administrator (Legal Services)

**Denene Dudley**, Section Leader/Supervisor (Cancer Detection Laboratory)

Tasha Elbert, RN, Clinical Nurse (LSU OB/GYN Clinic)

**Katherine Gauthier**, Decision Support Coordinator (Managed Care)

**Elise Juergens**, RN, Nursing Development Coordinator (Educational Services) **Kerry Klein**, Communications and Network Specialist (Information Systems)

**Kimberly Lowrance**, Clinical RN (NICU)

**Lillian Owens**, Applications Specialist (Information Systems)

**Lauren Rachel**, Clinical RN (Endocrinology Clinic)/IT Business Analyst

**Helen Robins**, Clinical Nurse/Charge Nurse (Mother/Baby)

Ericka Seidemann, Human Protections Administrator (Research/Institutional Review Board)

**Lindsay Steele**, Weight Loss Navigator (Nutrition Services)

**Brittany Williams**, Lead ROI Specialist (HIM)



# **Professional Organization Leadership**

Professional organization membership is highly encouraged among Woman's RNs and is reinforced through its requirement for entry into the Nursing Professional Development Program. We are so proud to acknowledge the following nurses who serve in leadership roles within their professional nursing organizations:

# Association of Women's Health, Obstetric and Neonatal Nursing (AWHONN)

- Maureen Dempsey,
   Perinatal Care Coordination,
   Louisiana Section Chair
- Victoria Hines, Mother/Baby Planning Committee, BR Chapter
- Mary Kate McGrew, Mother/Baby BR Chapter Coordinator

# American Holistic Nurses Association (AHNA)

 Kimberly Lowrance, NICU – Chair, BR Chapter

# Association of PeriOperative Registered Nurses (AORN)

- Emily Chenier, O.R. Nominating Committee Member, BR Chapter
- Linda Clouatre, O.R. Nominating Committee Member, BR Chapter
- Barbara Friscia, O.R. AORN Louisiana state council member
- Megan Mayhew, Educational Services AORN

Louisiana state council member

- Maureen Murtaugh, O.R. Vice President, BR Chapter
- Morgan Raiford, O.R. Board Member, BR Chapter
- Jessica Rodriguez, O.R. Secretary, BR Chapter
- Kristy Simmons, O.R. Louisiana state council of AORN member, 2 AORN national committees; candidate for national AORN president in 2023
- Emily Stewart, O.R. Nominating Committee Advisor, BR Chapter

# Baton Rouge Oncology Nursing Society (BRONS)

- Nancy Baker, Med-Surg/Oncology Membership Committee Chair
- Marlene Boudreaux, Med-Surg/Oncology Virtual Community Manager
- Lakaisha Jackson, Med-Surg/Oncology –
   Secretary

# Louisiana Association of Peri-Anesthesia Nurses (LAPAN)

- Toni Dantonio, Surgical Care Unit/ Pre-Surgery – President
- Karen Geiger, Surgical Care Unit –
   Chair, Ways and Means Committee
- Joelle Lemoine, Surgical Care Unit Media Chair
- Cachet Mitchell, PACU –
   Co-chair, Education Committee
- Leslie Roy, Perioperative Services –
   Co-chair, Education Committee
- Cindi Sanders, PACU –
   Co-chair, Education Committee



# AWHONN National Convention

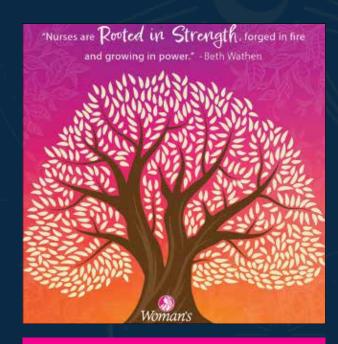
The annual convention of the Association of Women's Health, Obstetric, and Neonatal Nurses kicked off on June 26 in Aurora, Colorado. Woman's own Davina Phillips had the honor of taking part in the opening ceremony. During the ceremony, 12 diverse nurses from across the country were selected to participate in an active demonstration emphasizing the significance of maternal mortality. Maternal mortality is a global issue, particularly among women of color. Artist Michelle Hartney sewed hundreds of patient gowns with bands around one arm to signify a maternal death that could have been prevented. The 12 volunteers including Davina helped by carrying the gowns and placing them on a clothing rack on the stage.

Megan Haley (Labor and Delivery) and Amy Crochet (NICU) also played a role a the convention. Together, they presented "Perinatal and Neonatal Palliative Card A Collaborative Program Implemented by Obstetrical Services and the NICU."

# **Nurses Week 2022**

During Nurses Week, we honored our nurses' strength and resilience with the theme "Rooted in Strength". The week's activities kicked off with an opportunity for each nurse to sign the Tree of Strength, along with our annual recognition program. The awards program recognizes and honors nurses who have received nursing awards during the preceding year, as well as those who have received internal DAISY awards. The much-anticipated annual "Nurses Tea and Talk" was hosted by our O.R. nurses with a bohemian theme this year. The tea is always popular and draws nurses from across the hospital to relax and enjoy each other's company.

The Blessing of the Hands is another treasured event in which local chaplains pray with and bless the hands of our nurses and caregivers. Nurses Prayer cards are provided along with the blessing. A resilience room hosted by NICU RNs provides respite in the form of hand massages, a soothing atmosphere, and healthy refreshments. As another resilience-building activity, nurses and other team members were able to spend time with puppies from a local rescue organization, as well as a unique variety of animals from a local animal preserve. The week wrapped up with a Cinco de Mayo nacho party and treats galore!



Approximately
OOO
nurses work at
Woman's











# Nurse's Prayer

As I care for my patients toda:
Be there with me, O Lord, I pr.
Make my words kind –
It means so much.
And in my hands
Place your healing touch.
Let your love shine through
In all that I do.
So those who are in need
May hear You, feel You,
See You in me.
Amen



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# **Partnering to Improve Childbirth Outcomes**

Woman's has been actively engaged in the Louisiana Perinatal Quality Collaborative (LaPQC) since 2018. This collaborative works with providers and organizations across the state to advance care equity and improve outcomes for women, families, and newborns through the implementation of best practices.

Through its work with the LaPQC, Woman's has adopted safety bundles to reduce the risks of hemorrhage and hypertension. They have also formed work groups to address several of the main drivers for prematurity – including hypertension, drug use, and incompetent cervix – and implemented evidence-based strategies to effect change in these areas.





# **Labor and Delivery NTSV Campaign**

In October, the Labor and Delivery Support Committee supported a Nulliparous Term Singleton Vertex (NTSV) Campaign aimed at promoting safe birth practices, integrating labor support tools, and providing patient support with empowered birth experiences while improving birth outcomes for every patient, every time. The campaign was kicked off with fun knowledge supporting the importance of labor support, followed by labor and delivery's first-ever TikTok and a labor support simulation drill. In addition, weekly activities included word puzzles, crosswords, and the sharing of patient success stories.

#### **NICU Quality**

Woman's has been an active participant and contributor to the Vermont Oxford Network (VON) NICU quality collaborative for more than 20 years. This international collaborative is made up of hospitals around the world and includes the world's largest database of high-risk infants to benchmark practices and outcomes, as well as to identify areas for improvement. Countless advances in neonatal care have been achieved through this collaborative, and the work continues today through participation in the Critical Transitions in Care Micro-Premature Infants Homeroom aimed at increasing survival without specified morbidities for infants born at 22-29 weeks gestation.

In April 2022, the NICU interdisciplinary team celebrated the success of "Project Breathe Easy... Operation Healthy Lung". The team's work to improve the percentage of micro-premature infants on non-invasive ventilation resulted in a significant decrease in chronic lung disease (CLD). The rate of CLD dropped from 83% in 2020 to 63% in 2021. They also increased the number of micro-premature infants discharged home without significant morbidities from 2 in 2020 to 8 in 2021. This means that 8 of our most fragile babies went home with no CLD and no morbidities that are associated with long-term disabilities.

This work and the associated amazing outcomes were presented at the annual VON quality conference in September. Kudos to the neonatology, nursing, respiratory therapy, and OT/PT teams for this amazing work!







# Crystal Waguespack and the Sepsis Alliance: A Voice for Nurses and Patients

Nurses are dedicated to advocating for patients and helping them achieve their highest level of wellness. Occasionally, however, the tables are turned and it is the nurse who becomes the patient. This "role reversal" is not always comfortable for healthcare providers, and can be an eye-opening experience that impacts practice. Crystal Waguespack, RN, is a nurse working in Utilization Management (UM).

Following back surgery in 2018, Crystal experienced complications that led to meningitis, endocarditis, and sepsis. She was critically ill and experienced further complications, including pulmonary edema and renal insufficiency. Crystal had a 14-day hospitalization followed by months of rehabilitation to regain her strength and health. This experience impacted Crystal greatly and she began conducting research about sepsis, including

the long-term consequences of the disease. She learned about the Sepsis Alliance Institute, which is a national organization that strives to provide expert content on the prevention, recognition, diagnosis, and treatment of sepsis for the healthcare community. It offers extensive educational opportunities for participants to help with improving outcomes. She became a supporter of the Sepsis Alliance, and since Louisiana is one of the top states in sepsis-related deaths, she wanted to become more involved.

Crystal was contacted by the Director of Advocacy at the Sepsis Alliance Institute, asking her to be a participant in a panel that would be addressing sepsis to the staff of Senator Bill Cassidy of Louisiana. Crystal participated in the panel discussion with other Sepsis Alliance leaders. She shared her personal story of surviving sepsis and how it impacted her life and work. She also provided statistical data to support the impact of sepsis, and her unique perspective as a registered nurse helped to provide the importance of early recognition and intervention. Crystal was also involved in an appeal to the National Quality forum to appeal a potential block on SEP-1, the Severe Sepsis and Septic Shock Early Management Bundle for early recognition of sepsis in hospitals. Some groups were calling for the NQF's endorsement of the bundle to be revoked. On April 29, 2022 the NFQ Appeals Board voted to dismiss the submitted appeal of Sep-1.

September was a big month for the fight against sepsis in the state of Louisiana. Crystal was integral in seeking a proclamation from John Bel Edwards' office proclaiming September as national Sepsis Month in the state of Louisiana to align with the national recognition of Sepsis Awareness. During this month, the sepsis data trust bill, a bill with big potential implications for sepsis care, was introduced in the U.S. Senate by Senator Cassidy. If this bill were signed into law, this would authorize state sepsis data collection programs and establish a national sepsis data trust. These changes would give researchers, innovators, clinicians, public health officials, and others fighting sepsis on the frontline access to critical privacy-protected information about sepsis.

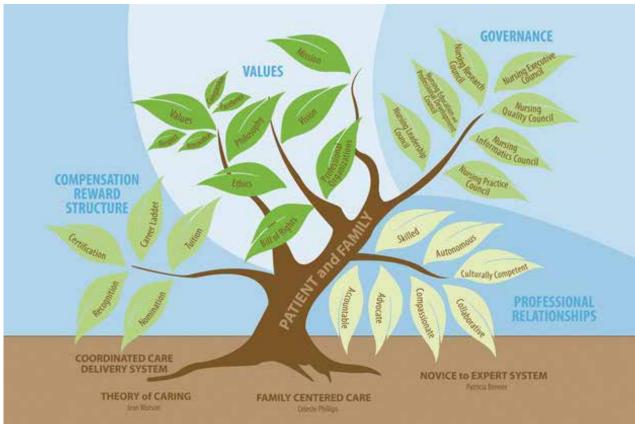
Crystal has since assisted the Sepsis Alliance team to help with a new project developing an Advocacy 101 Toolkit to help members of Sepsis Alliance become more involved in advocacy and policy related activities. She recognizes that her story is unique, and would like to help other healthcare providers and patients better understand sepsis and the overall disease process, including the long-term effects. Having the opportunity to have a voice with Sepsis Alliance is a powerful tool that can have a far-reaching effect on fighting the sepsis battle.

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Exemplary professional practice is the hallmark of a Magnet organization. Magnet nurses practice, collaborate, communicate, and develop professionally to provide the highest quality care to the patients, families and communities we serve.

# Nursing Professional Practice Model: The Tree of Life



Woman's Professional Practice Model, referred to as The Tree of Life, guides how nurses practice, collaborate, communicate, and develop professionally. It depicts our core beliefs and the values that guide patient care and nursing practice. It recognizes the importance of nursing and the interdisciplinary collaboration that supports exceptional care.

The Nursing Professional Practice Model governance branch reflects shared decision-making. The shared governance council structure consists of seven councils, each with its own responsibility and scope. These councils are interdisciplinary and include clinical nurses from each department/service line.

### **Virtual Baby Grand**

One of the highlights for our community outreach is Baby Grand, a free educational event for expecting parents held twice a year at Woman's. While impacted by COVID-19, our Woman's team was able to offer this event by hosting our first-ever virtual Baby Grand in January, 2022. Participants were able to watch live on YouTube, providing them with the opportunity to learn about the hospital and available resources. We were able to host again in-person on October 15, 2022 at the Baton Rouge Marriott Hotel. Baby Grand featured a virtual hospital tour, prenatal education, baby care basics, giveaways and more!









### **UNprivate Parts**

Woman's UNprivate Parts podcast addresses the topics that make us squirm, wince and blush to help discover our healthiest self. Honest discussions on topics like sadness after having a baby, painful sex, peeing when you sneeze, infertility, how life changes after cancer, difficulty losing weight and more are addressed. Woman's RNs share their experience and expertise through the UNprivate Parts podcast. Read on to see how some of our nurses make invaluable contributions to our patients.



# **Understanding Labor**

Amanda Spencer, Assessment Center Nurse Manager, who also has 15 years of experience as a labor and delivery nurse, answered questions and offered tips for all moms-to-be in an episode of UnPrivate Parts. Amanda shared information on how to determine if it's true labor or a Braxton Hicks contraction, and how common is it to arrive at the hospital for a "false alarm" and be sent home. She also addressed the major signs that pregnant women need to know about that should get you to a hospital, and what happens when you get there. It can be overwhelming and even a bit scary to think about what will happen when you go finally into labor, and Amanda's expertise helped to answer some of these questions and alleviate concerns.



# **Overcoming Breastfeeding Challenges**

Breastfeeding comes with numerous benefits for both mother and baby, but it can also come with some challenges. In fact, according to the Center for Disease Control (CDC) 60 percent of mothers do not breastfeed for as long as they planned. Breastfeeding is a very individualized experience and is influenced by many factors, with some challenges being more common than others. Cynthia Evans, a Woman's Hospital Lactation Nurse, sat down with host Melanie Hebert to talk about common challenges and how moms can overcome them to meet and exceed their breastfeeding goals!



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# **GRACE Program**

Since 2018, nearly 300 women have been referred to the GRACE program at Woman's Hospital, with 100 successfully continuing until six weeks postpartum. Woman's Guiding Recovery and Creating Empowerment (GRACE) program is a care coordination program for pregnant women with opioid use disorder. As part of the program, GRACE participants work with a nurse case manager and social worker who guide them through pregnancy and into the postpartum period. They provide non-judgmental support and connect women to treatment providers and other resources in the community to help address and overcome substance misuse.

In late 2021, the program was expanded to women in need of help with alcohol or tobacco addictions during pregnancy. The program is free of cost to participants and open to any pregnant woman in the Baton Rouge area seeking treatment for opioids, alcohol or tobacco, regardless of where she is receiving prenatal care.



# **Perinatal Palliative Care**

Pregnancy and childbirth are often exciting times in the lives of mothers and families as they prepare for the impending birth of their baby. Occasionally, however, parents are presented with information about their pregnancy that can be stressful and require difficult decisions. Megan Haley, BSN, RNC-OB, CPLC, Perinatal Care Coordinator, and Amy Crochet, RN, BSN, RNC-CPLC, Neonatal Care Coordinator, assist families in navigating through the painful choices that must be made and are often asked to share their expertise throughout the country.

On June 26, 2022, Megan and Amy represented Woman's Hospital at the Associates in Women's Health, Obstetrical, and Neonatal Nurses' (AWHONN) annual pre-conference/convention. AWHONN selected their presentation through a blinded, peer-reviewed process to discuss Woman's Perinatal and Neonatal Palliative Care program. Megan and Amy presented information on prenatal consults for patients experiencing a high-risk or life-limiting fetal diagnosis. They also shared a palliative care success story about a patient's experience coming through the program.

# Walk to Remember

Woman's hosted a Walk to Remember for Pregnancy & Infant Loss Awareness on Sunday, October 2, 2022 at the Main Library at Goodwood. The event, previously hosted by Anna's Grace Foundation, invited local families who have lost a baby to participate in a short walk concluding with a remembrance ceremony. The event was supported by our perinatal palliative care team and many other nurses and staff members. This was the event's largest turnout to date and all proceeds will go to support families who experience pregnancy and infant loss.















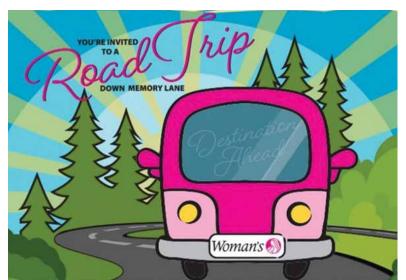


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# NICU Reunion

Woman's annual NICU reunion had a road trip theme and welcomed 295 travelers in 81 vehicles through the Woman's campus on May 22, 2022.

The journey started at the welcome station where all young visitors received an "I Spy" coloring activity to complete along their journey. At the next station, families could drop off colored postcards for the NICU team with special messages from the NICU graduates. Their journey also included a safety checkpoint to become Seatbelt Safety Superstars. The next destination was the Butterfly Garden honoring all NICU babies. The final destination on the NICU Reunion Road Trip was the souvenir pick up outside of the main hospital entrance. Each family received goodie bags, farewell treats, and lots of love and encouragement from Woman's team members.











#### **National Cancer Survivors Day**

The 35th annual National Cancer Survivors Day was held to celebrate all people living with a history of cancer. To celebrate our survivors, a table was set up in the Woman's Cancer Pavilion on Friday, June 3, 2022 to provide educational materials on screening and risks for breast and gynecologic cancers and survivorship resources. Shelisa Cager and Ashley Marks were also there to answer any questions as the oncology and survivorship nurse navigators. Approximately 35 survivors and their families came by to visit and share stories. Each survivor received a packet of seeds to grow their own Thyme - "Through the good thymes and bad" - and were encouraged to share their stories on social media using #YouGrowGirl.

# **Celebrate Life Car Parade**

Woman's Cancer Pavilion hosted its third annual Celebrate Life Car Parade on September 30 to honor and celebrate cancer survivors. Employees of Woman's, Mary Bird Perkins Cancer Center and Our Lady of the Lake cheered on participants as they drove through the parade route on Woman's campus. More than 25 survivors participated and the parade ended with a jambalaya lunch provided by Healing Place Church.















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#### **Geaux Teal Ovarian Cancer Awareness Walk**

Ovarian cancer ranks fifth in cancer deaths among women, accounting for more deaths than any other cancer of the female reproductive system. A woman's risk of getting ovarian cancer during her lifetime is about 1 in 78. Her lifetime chance of dying from ovarian cancer is about 1 in 108. Woman's Gynecologic Oncology team is committed to helping women fight the disease and provide support for patients undergoing treatment. One way that the Woman's team shows support is participating in the Geaux Teal Ovarian Cancer Awareness Walk. This is an annual walk held by the Geaux Teal Organization whose mission is to raise awareness for women of all ages about the signs and symptoms of ovarian cancer. The Woman's team joined hundreds of walkers in April 2022 at LSU Softball's Tiger Park to support our patients and raise awareness of ovarian cancer!



### **Adult Palliative Care**

Woman's Cancer Pavilion provides comprehensive, holistic care to women faced with a breast or gynecologic cancer diagnosis. There is a dedicated team of RN Navigators and Support Team members committed to providing care and support to these patients. Woman's cancer navigation team, composed of four RNs, a social worker, and a dietitian, meets regularly to discuss plans of care for patients.

One of the nurse navigators, Michelle Leerkes, coordinates palliative care services for cancer patients. Through this work, she saw a need to help patients and their families with end-of-life issues and transitions. She was in search of a creative, innovative idea that could impact patients and families, leaving an impactful legacy for all. The "Legacy Kit" was born to assist patients in making memories for loved ones, having difficult conversations with loved ones, preparing to die, and ensuring that all affairs are in order. The Legacy Kit includes:

- "Share a Memory" cards: lined postcards for the patient and/or loved ones to write special memories to share.
- Life Interview Questions: a set of questions based on every life stage (childhood, school age, teen years, adulthood, etc.) for the patient to complete in order to tell their life story.
- Book recommendations: A list of books that provide guidance on feelings related to end-of-life, how to prepare yourself and loved ones, and end-of-life guidance.
- Legacy Ideas: A list of ideas that the patient and their family can do to create memories (scrapbooking, family photo sessions, video/voice recordings, recipe books/boxes, creating stuffed animals from patient's clothing, hand casting, fingerprint jewelry, etc.).
- Final Preparations Checklist: a list composed of all things a patient should consider completing to help prepare themselves and family for their demise.
- Advance Directives: a booklet of information and forms for completing advance directives.
- Five Wishes: a booklet of five statements for the patient to respond to regarding end-of-life wishes.
- Coping with Advanced Cancer: A book from NIH regarding end-of-life information for patient and loved ones including feelings/emotions, symptoms at end-of-life, support resources, etc.

#### **Adult Palliative Care (Cont.)**

Funds were also awarded from a Woman's Auxiliary grant to help purchase hand casting kits, recipe books, scrapbooks, children's books, and other legacy items for patients. The significance of the Legacy Kits is far-reaching and they have become an important part of terminal oncology patients' end-of-life preparation. We have received wonderful feedback from patients who have been provided our Legacy Kit. Having these resources available enables the patient and family to better come to terms with the loss of a loved one, improves quality of care, and provides the patient with a sense of peace that their legacy will live on after their death.

#### Caring for Cancer Patients in the LSU OB/GYN Clinic



The very busy LSU OB/GYN clinic sees nearly 100 gynecologic cancer patients every month, about half of these being newly diagnosed. This team collaborates with the cancer navigators and other disciplines to facilitate referrals, assist in treatment planning, support adherence to the treatment plan through coordination of appointments, transportation assistance, and frequent communication/encouragement.

RNs Lynette Shults and Raymie Mejia, function as case managers for the gynecologic oncology patients served by the LSU OB/GYN clinic. These nurses collaborate care with many internal and external groups to ensure that care is appropriate and timely. The success of this program is largely due to these nurses engaging the patient with respect, kindness and compassion. They function as the primary contact and advocate for the patient by ensuring timely access to services and resources.

Patients are followed and supported throughout the continuum of care, from diagnosis through pre-procedural requirements, surgery scheduling, therapy and chemotherapy protocols, anticipating discharge needs, through post-operative follow-up and survivorship activities. Lynette and Raymie facilitate coordination of comprehensive services including radiation oncology, medical oncology, interventional radiology, surgery scheduling, genetic counseling and Gynecologic-Oncology with interventions to optimize the recommended treatment plans. They spend time with patients and their support persons to truly understand each unique situation and address needs accordingly. They participate in a weekly interdisciplinary meeting, along with the cancer navigators, social worker(s), and physicians, to discuss current/upcoming needs of the patient, and both inpatient and outpatient and discharge planning.

Lynette and Raymie have built strong relationships with the LSU Clinic oncology patients and their support systems. They establish trust and engagement with the patients by demonstrating empathy, openness, understanding, sincerity, kindness and respect. This promotes adherence to appointments and treatment and survivorship care plans.

#### **Capital Area Heart Walk**

A team of nurses and staff from Woman's participated in the Capital Area Heart Walk held on March 26, 2022. The dedication to heart health was apparent as the group gathered to provide support for more research, more people trained in lifesaving CPR, more medical breakthroughs and champions for equitable health. It was a fun experience that united the community to protect our hearts!



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# **Promoting Safe Sleep for Babies**

Woman's established the Safe Sleep Taskforce in March 2020 to help reduce sleep-related infant deaths in our community. The taskforce is made up of nurses, physicians, social workers, respiratory therapists, clinical and community educators, a peer counselor, and the Region 2 Maternal Child Health Coordinator from the Louisiana Office of Public Health – Bureau of Family Health.

In 2021, with the support of a grant from the Louisiana Children's Trust Fund, Woman's launched a community education campaign to raise awareness of safe sleep practices in our community. The campaign included radio ads, billboards, social media posts, and videos that shared the importance of safe sleep. We also revamped our hospital-based education for new parents and began auditing sleep practices in the hospital setting. Results of these audits were used to reinforce staff education and areas in need of emphasis with parent education.





#### **Girl Scouts: The BIG Event**

The BIG Event is a day full of hands-on activities and presentations on STEM, Healthy Living, Financial Literacy and the Great Outdoors. Nurses from Mother/Baby were also there to represent Woman's with a Safe Sleep presentation and visited with the Girl Scouts Louisiana East. Amber Carbo and Lannie Douglas presented the ABC's of safe sleep to the girl scouts in attendance and educated them on Sudden Unexpected Infant Death (SUIDs) and prevention methods.

# **UNprivate Parts: Black Breastfeeding Week**

Black Breastfeeding Week was created in 2013 to bring awareness to the racial gap that has existed in breastfeeding rates for over 40 years. The most recent data from the Centers for Disease Control and Prevention (CDC) shows that 75% of white women have ever breastfed versus 58.9% of black women.

When Kelly Williams became a mother 21 years ago, she was one of the black women who did not breastfeed. However, she is now a lactation counselor at Woman's Hospital working to help moms like her and remedy that racial divide in breastfeeding. In an episode of UNprivate Parts, Kelly shared her own story with hopes to bring light to some of the unique challenges black women face when it comes to breastfeeding and how she is working to overcome them at both home and work.



# **Excellence in Patient Experience**

Nurses and care team members provide exceptional care and experiences to our patients and families. Woman's surveys patients from all areas in which care is provided and scores consistently exceed state and national benchmarks. The Hospital Consumer Assessment of Healthcare Providers and Systems (HCAHPS) survey is a standardized, publicly reported survey that measures inpatients' perspectives of care received in a hospital.

#### **HCAHPS Scores – Fiscal Year 2022**

HCAHPS Domain	Woman's*	Louisiana Average	National Average
Rate Hospital– 9 or 10	81.4%	72.5%	68.5%
Recommend Hospital– definitely yes	87.3%	72.3%	67.9%
Communication with Nurses– always	86.2%	81.7%	77.8%
Communication with Doctors– always	92.4%	84.2%	78.5%
Communication about Medicine- always	74.6%	65.5%	59.8%
Responsiveness of Staff– always	82.3%	66.7%	62.5%
Hospital Environment– always	77.4%	72.2%	71.2%
Discharge Information- yes	89.9%	86.7%	85.6%
Care Transitions – strongly agree	71.3%	57.5%	51.1%

The Consumer Assessment of Healthcare Providers and Systems Outpatient and Ambulatory Surgery Survey (OAS CAHPS) collects information about patients' experiences of care in hospital outpatient and ambulatory surgery centers (ASCs). This survey is also standardized and will be publicly reported in 2023.

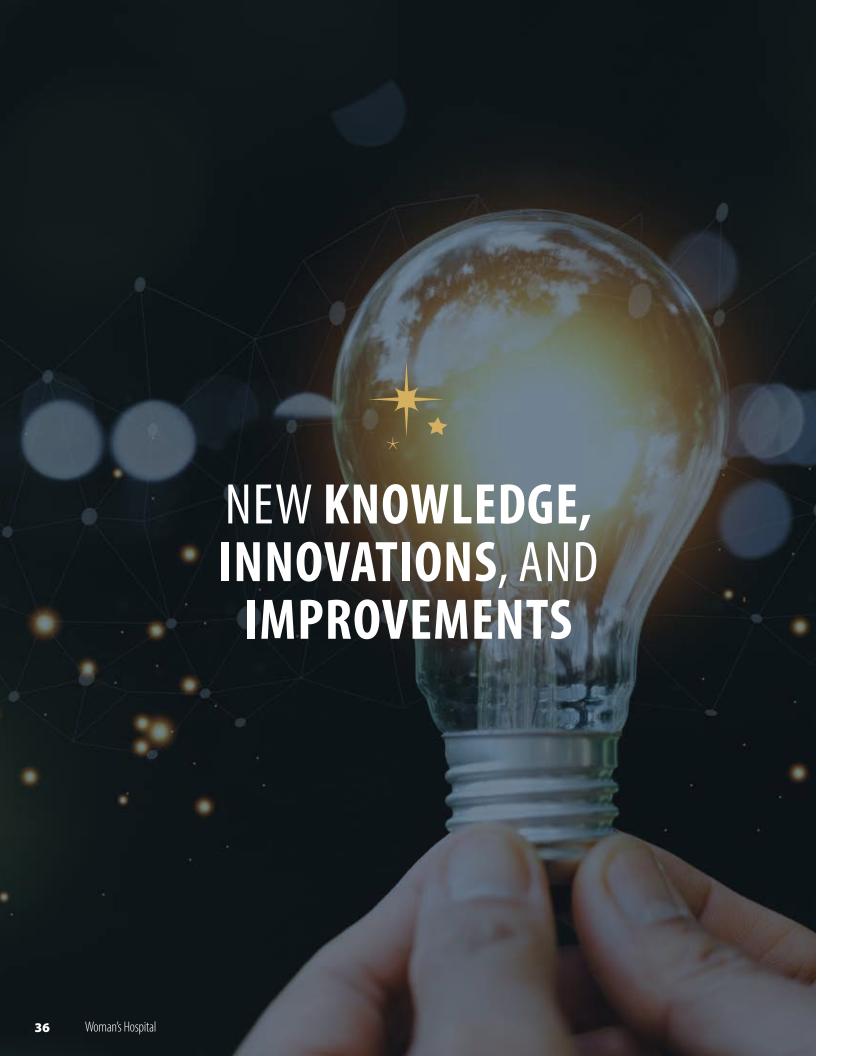
#### OAS CAHPS Scores – Fiscal Year 2022

OAS CAHPS Domain	Woman's*	Louisiana Average	National Average
Rate Facility	95.1	88.7	87.0
Recommend Facility	96.3	86.4	84.5
Communication	95.5	93	91.5
Facility/Personal Treatment	98	96.9	96.7
Discharge	97.2	97.1	96.5

Additional survey areas include Emergency Department, NICU, Outpatient Oncology, and Outpatient Services. Overall satisfaction, reflected as "Recommend the hospital/facility", in these areas is shown below.

Woman's Service	Woman's*	Louisiana Average	National Average
Assessment Center/ED – Recommend Hospital	80.2	81 9	81.5
Neonatal ICU – Recommend Hospital	95.8	91.8	92.2
Outpatient – Overall Satisfaction Outpatient Oncology	96.4	95.6	94.3
– Recommend Hospital	98.3	96.6	96.2

\* Fiscal Year 2022 scores



Magnet organizations contribute to patient care and the profession of nursing through the generation of new knowledge, innovations and improvements. Magnet nurses implement changes to improve the quality and efficiency of patient care and the practice environment using evidence-based practice and research.

# **Nursing Research**

The Nursing Research Council is part of Woman's shared governance structure and focuses on supporting nurses in research endeavors. Other organizational research resources include the Health Sciences Library, the data analysis team, the graduate medical education team, and the Research Department. Nurses served on research teams in various capacities from data collection to primary investigators. They have disseminated their work both internally and externally through presentations and publications. Some of the nursing research projects and presentations are listed below.

- Kelly Laborde and the NICU research team presented their genome sequencing study at the 2022 American College of Medical Genetics and Genomics Annual Clinical Genetics meeting.
- Kelly Laborde has collaborated with other disciplines to complete the Use of Nfant Technology Feeding System as an Adjunct to Visual Assessment and Cue-Based Feedings for Infants Born Less Than 30 Weeks Post-Menstrual Age (PMA) study ongoing.
- Nfant feeding technology research, a prospective study with retrospective control cohort design
- Dana Vidrine, Wendy Singleton, Laurel Kitto, Kelly Laborde, Jeannie Harper, Elizabeth Sutton, Gabrielle Stone, and
  Allison Chase conducted a study on safe newborn sleep practices. The study was accepted for publication in Maternal
  Child Nursing (MCN) journal and is scheduled to be in print by January 2023. The article is entitled Safe Sleep Practices on
  a Large Volume Maternity Service.

An internal Research Day program was held on September 21, 2022 for all employees to learn more about the studies going on at Woman's and in the medical community to improve the health of women and infants. Research posters were displayed outside of the conference rooms and employees were invited to come speak to the researchers about their work. Researchers included Woman's nurses, OB/GYN residents and pharmacy residents. Study topics included: infant feeding practices, reproductive education for adolescents, postpartum anxiety and depression, preventing surgical delays and cancellations, nutrition in pregnancy and text support for breastfeeding.

### **Patient Safety Technology in Labor and Delivery**

In the spring of 2022, Woman's expanded its use of Medtronic Situate scanning devices to all Labor and Delivery rooms – the first in the area to utilize this safety measure for all patients delivering at the hospital. Woman's was also the first in Baton Rouge to use the technology in its operating rooms as an added layer of protection from retained surgical items (RSIs).

Medtronic's Situate disposable cotton sponges, gauze and towels are embedded with a tiny radiofrequency tag that can be detected before a procedure is complete with a wand using low-frequency, non-ionizing radio waves. If any items are left in the body, it will transmit a signal back to the device, alerting staff of the item's exact location and allowing it to be immediately retrieved.

Standard surgical procedure nationwide involves manually counting and recording all cotton disposables going into and coming out of a patient. Though it is rare for gauze, sponges or towels to be left in the body after surgery or a delivery, mistakes can occur and result in severe medical complications such as infections, adhesions and obstructions. Sponges that are used to soak up blood and other fluids are the most common objects that are left behind. Furthermore, additional surgery is required to retrieve an RSI.







# Enhancing the Safety and Efficiency of Medical Emergency Response

In late 2022, Woman's 13 automated external defibrillators (AEDs) were updated to the latest technology to enhance response to cardiac emergencies in non-clinical hospital departments.

AEDs are used to restore the heart's normal rhythm during cardiac arrest. They are intended for use by lay persons and are commonly found in public places like schools, churches, gyms and office buildings.

Woman's also invested in technology to aid in the performance of CPR during medical emergencies. The Lund University Cardiac Assist System (LUCAS) device provides high-quality, uninterrupted chest compressions for adult patients in cardiac arrest.

CPR is a crucial lifesaving tool during times of emergency. Manual chest compressions require a lot of physical strength and can be taxing on the entire response team when trying to stabilize a patient.

A LUCAS device assists responders with delivering effective, consistent and continuous chest compressions as recommended in the American Heart Association (AHA) guidelines for CPR. The device will not only help issue consistent compressions but will also prevent injury and free up code team members to perform other critical tasks to stabilize the patient.



Simulation training fosters confidence and competency, while improving safety and team communication in complex patient situations. This interactive training method uses scenarios that mirror real-life, complex situations and enhances critical thinking and learning-by-doing. Simulations are used for training across the patient care units.

Medical emergency response simulations were held throughout 2022 to provide coordinated, high-quality resuscitative care for cardiopulmonary arrest. These interdisciplinary simulation drills include nurses, respiratory therapists, pharmacists and physicians. Debriefings are held following each simulation to enhance learning and identify opportunities for improvement.

In the perinatal units, simulation training starts during the orientation period and is reinforced through regular, monthly drills. In 2022, obstetric drill topics included the following:

- Identification and management of seizures; eclampsia algorithm
- · Sickle cell disease and other blood disorders; blood administration
- Diabetes and insulin administration
- Hypertension
- Pre-eclampsia and HELLP syndrome
- Perinatal loss and the BEAR committee
- Patient Safety "room of errors"

#### **Assessment Center**

The Assessment Center nurses and staff must be prepared to quickly manage a variety of conditions. In 2022, decontamination and adult code blue interprofessional drills were held to educate and simulate scenarios that may be encountered in practice. Effective communication was stressed and staff was given the opportunity to ask questions that would help them to be better prepared to handle difficult and complex situations.











# **Med-Surg/Oncology**

The Med-Surg/Oncology department conducts quarterly simulation drills to reinforce preparedness for complex patient care situations. Topics are chosen based on the educational needs and/or requests of the clinical nurses, and content is developed collaboratively by the clinical nurses and the unit's clinical educator. Topics covered in 2022 simulations included nasogastric tube placement and care, assisting with on-unit procedures, communication with patients/families and comprehensive handoff communication.



# Mother/Baby

In May, simulation drills were conducted to enhance staff preparedness for postpartum hemorrhage on the Mother/Baby unit. The scenario involved a patient that was a few hours postpartum and experienced a hemorrhage on the Mother/Baby floor. Interdisciplinary participants included nurses, nurse techs, physicians, residents and pharmacists.



Founded in 1968, Woman's is a nonprofit organization, governed by a board of community volunteers, providing medical care and services in order to improve the health of women and infants, including community education, research and outreach.

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