



Woman's

exceptional care,
centered on you

Weight Loss Surgery



"I can keep up with my grandkids."



Michelle chose Woman's and lost 120 pounds.

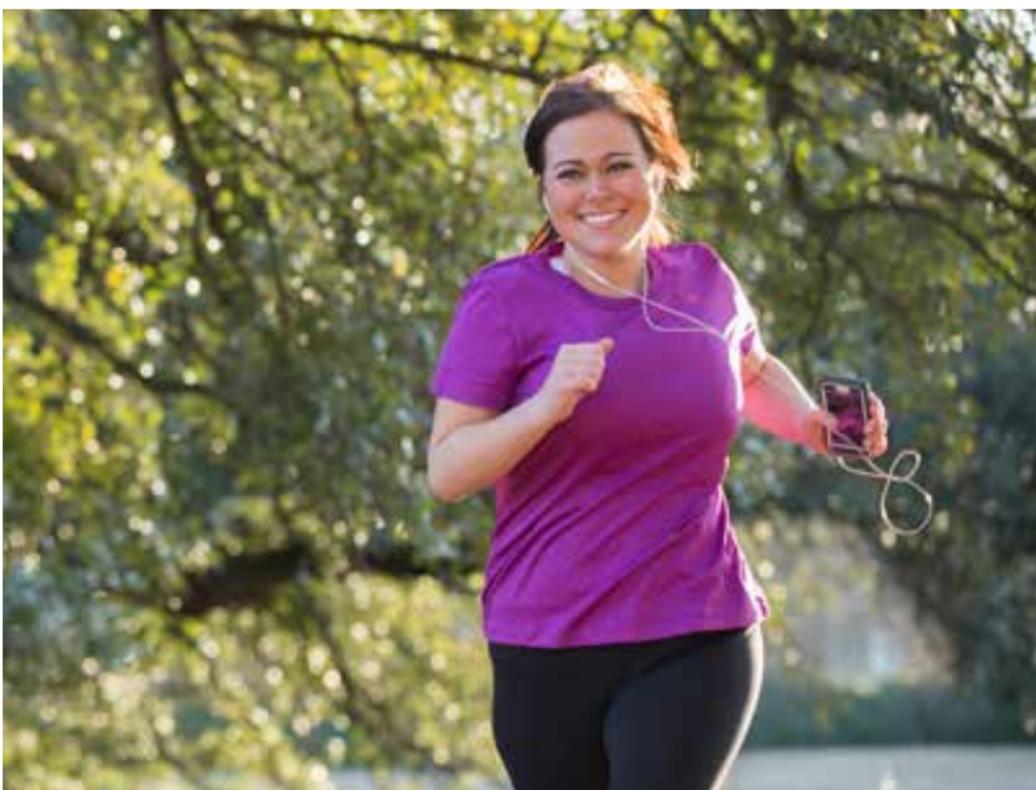
Considering Weight Loss Surgery?

When you decide to have weight loss surgery at Woman's, an entire team will support your decision. Surgery is not the final solution to managing your weight; we offer you a support system that includes experts in nutrition, physical therapy and exercise to help you make positive lifestyle changes.

Our team of multidisciplinary healthcare professionals is devoted to helping you achieve your weight loss goals. They are committed to providing "Exceptional Care, Centered On You." We hope to form a partnership that keeps you healthy and happy for many years to come. Our team will work with you to educate, encourage and support you in reaching and maintaining all of your weight loss goals.

Our program includes:

- Registered nurse bariatric coordinator
- Registered dietitian with over nine years of experience in treating bariatric patients
- 90-minute pre and post surgery nutrition visit with registered dietitian
- Free one-year membership to the Obesity Action Coalition
- Free one-year subscription to *Your Weight Matters* magazine
- Comprehensive resource binder with nutritional guidance
- Specific food guidelines for each stage after surgery
- Free consultation with an exercise physiologist
- **All pre-surgery appointments scheduled on *the same day.***
- Financial guidance
- Support group meetings led by a registered dietitian and social worker



Shea chose Woman's and lost 81 pounds.

For More Information

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Cover Photo:

Jennifer chose Woman's and lost 83 pounds.



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Woman's

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Founded in 1968, Woman's is a nonprofit organization, governed by a board of community volunteers, providing medical care and services in order to improve the health of women and infants, including community education, research and outreach.