

**DO YOU  
KNOW  
YOUR  
LOCAL**  **WIC** **SITES?**

The following sites are open and available for you to apply for the Women, Infants, and Children (WIC) Program.

**East Baton Rouge Parish  
WIC Clinic**  
2751 Wooddale Blvd, Suite B  
Baton Rouge  
**225-925-3600**  
*Mon-Fri 8:00 am-4:30 pm*

**Southern University School of  
Nursing WIC Clinic - on campus**  
Bldg 170 Swan Street  
Baton Rouge  
**225-771-3324**  
*Mon-Fri 8:00 am-5:00 pm*

**Gonzales WIC Clinic**  
1024 SE Ascension Complex Blvd.  
Gonzales  
**225-450-1006**  
*Mon-Thr 7:00 am-4:30 pm*  
*Friday 7:00 am-11:00 pm*

**Tangipahoa Parish Health Unit**  
15481 West Club Deluxe Road  
Hammond  
**985-543-4165**  
*Mon-Fr 8:00am-4:30pm*

**Livingston Parish Health Unit**  
20399 Government Blvd  
Livingston  
**225-686-7017**  
*Mon-Fri 8:00am-4:30pm*

**Care South WIC Clinic**  
3111 Florida Blvd.  
Baton Rouge  
**225-650-2093**  
*Mon-Thurs 7:30 am-5:30 pm*  
*Fridays 8:00 am - 12:00 noon*

**East Feliciana Parish Health Unit**  
12080 Marston Street  
Clinton  
**225-683-8551**  
*Monday, Tuesday & Thursday only*  
*8:00 am-4:30 pm*

**Iberville Parish Health Unit**  
24705 Plaza Drive Suite A  
Plaquemine  
**225-687-9021**  
*Monday & Thursday only*  
*8:00 am-4:30 pm*

**West Baton Rouge Parish  
Health Unit**  
685 Louisiana Avenue  
Port Allen  
**225-342-7525**  
*Mon-Fri 8:00 am-4:30 pm*

**Care South WIC Clinic**  
904 Catalpa Street  
Donaldsonville  
**225-264-6800**  
*Thursdays- 9:00 AM-3:30 PM*

**Care South WIC Clinic @ MLK**  
4142 Gus Young Avenue  
Baton Rouge  
**225-388-5861**  
*Mon-Thurs 7:30 am-5:30 pm*  
*Fridays 8:00 am - 12:00 noon*

**Pointe Coupee Parish  
Health Unit**  
282 B Hospital Road  
New Roads  
**225-638-7320**  
*Monday, Tuesday, Wednesday*  
*8:00 am-4:30 pm*

**Southeast Community  
Health Systems - Zachary**  
6351 Main Street  
Zachary  
**225-306-2000**  
*Mon, Tues, Thurs 8:00am - 4:30pm*  
*Wed 8:00am - 7:00pm*  
*Fridays 8:00 am - 12:00 noon*

*WIC is a nutrition program for pregnant women, postpartum women, infants and children (under five years of age) who may qualify to participate. Those who receive Medicaid, FITAP, Food Stamps, or whose income meets the WIC income guidelines and who are also at nutritional risk are eligible for WIC benefits.*



WIC is a Special Supplemental Nutrition Program for pregnant, breastfeeding, and postpartum women, infants and children up to 5 years of age. WIC provides healthy foods, nutrition education and referrals to other health and social services.

## Who is Eligible?

- Pregnant women
- Breastfeeding Women
- Postpartum Women
- Infants
- Children ages 1-5 years

### And You Must Meet the Following:

- Income Requirements (see chart)
- Be a Resident of Louisiana
- Have a nutrition related problem

## WIC Income Guidelines 2017-2018

Your gross income cannot exceed:

Household Members	Gross Annual	Gross Monthly
1	\$ 22,311	\$ 1,860
2	\$ 30,044	\$ 2,504
3	\$ 37,777	\$ 3,149
4	\$ 45,510	\$ 3,793
5	\$ 53,243	\$ 4,437
6	\$ 60,976	\$ 5,082
7	\$ 68,709	\$ 5,726
8	\$ 76,442	\$ 6,371
9	\$ 84,175	\$ 7,015
10	\$ 91,908	\$ 7,659

For more than 10 household members, or if you have any income questions, call 1-800-251-BABY or your WIC Clinic. Individuals with proof of Medicaid, Food Stamps, or TANF automatically meet income requirements.

\* One pregnant woman counts as 2 household members

Louisiana WIC Income Eligibility Guidelines Effective July 1, 2017 – June 30, 2018  
For more information or to locate a WIC clinic near you call (800)251-BABY (251-2229) or visit our website at [www.wic.dhh.la.gov](http://www.wic.dhh.la.gov)

This institution is an equal opportunity provider.



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## Services WIC Offers

- Nutrition Education and Counseling
- Breastfeeding Support and Education
- Childhood Immunizations (some clinics give shots others will refer you to another clinic)
- Referrals to other health/social service programs including: Medicaid, Family Planning, SNAP (Food Stamps), TANF, LaChip
- WIC Foods: Milk, Juice, Cheese, Eggs, Beans, Whole Wheat Bread, Cereals, Fresh Fruits & Vegetables, Infant Formula, Infant Cereal and Infant Fruits & Vegetables.

## How to Become a WIC Participant

- Call 1-800-251-BABY to locate the best WIC Clinic for you.
- Call that clinic. Make an appointment to see if you and/or your children are eligible for WIC.
- **Bring Proof of Income.**  
For each person living in your house, bring one of these items:
  - Pay stub showing "gross income"
  - Current tax records
  - Letter from employer with salary amount
  - Proof of Social Security benefits
  - Alimony or Child Support Payments
  - Other proof (ask clinic)
  - Anyone on Medicaid, SNAP (Food Stamps) or TANF is automatically income eligible for WIC. Please bring proof of participating in these programs.
- **Bring Proof of where you live:**  
Bring one of these items:
  - Rent receipt
  - Utility bill
  - Other proof (ask clinic)
- **Bring Proof of Identification for each person who wants WIC benefits:**  
Bring one of these items:
  - Driver's license
  - Birth certificate
  - State or School ID