

**DO YOU
KNOW
YOUR
LOCAL WIC SITES?**



The following sites are open and available for you to apply for the Women, Infants, and Children (WIC) Program.

**East Baton Rouge Parish
WIC Clinic**
2751 Wooddale Blvd, Suite B
Baton Rouge
225-242-4860
Mon-Fri 8:00 am-4:30 pm

**Southern University School of
Nursing WIC Clinic - on campus**
Bldg 170 Swan Street
Baton Rouge
225-771-3324
Mon-Fri 8:00 am-5:00 pm

Gonzales WIC Clinic
1024 SE Ascension Complex Blvd.
Gonzales
225-450-1006
Mon-Thr 7:00 am-4:30 pm
Friday 7:00 am-11:00 pm

Tangipahoa Parish Health Unit
15481 West Club Deluxe Road
Hammond
985-543-4165
Mon-Fr 8:00am-4:30pm

Livingston Parish Health Unit
20399 Government Blvd
Livingston
225-686-7017
Mon-Fri 8:00am-4:30pm

Capital City Family Health Center
3111 Florida Blvd.
Baton Rouge
225-650-2093
Mon-Thurs 7:30 am-5:30 pm
Fridays 8:00 am - 12:00 noon

East Feliciana Parish Health Unit
12080 Marston Street
Clinton
225-683-8551
Monday, Tuesday & Thursday only
8:00 am-4:30 pm

Iberville Parish Health Unit
24705 Plaza Drive Suite A
Plaquemine
225-687-9021
Monday & Thursday only
8:00 am-4:30 pm

**West Baton Rouge Parish
Health Unit**
685 Louisiana Avenue
Port Allen
225-342-7525
Mon-Fri 8:00 am-4:30 pm

**Capital City
Family Health Center
WIC Clinic @ MLK**
4142 Gus Young Avenue
Baton Rouge
225-388-5861
Mon-Thurs 7:30 am-5:30 pm
Fridays 8:00 am - 12:00 noon

**Pointe Coupee Parish
Health Unit**
282 B Hospital Road
New Roads
225-638-7320
Monday, Tuesday, Wednesday
8:00 am-4:30 pm

**Southeast Community
Health Systems - Zachary**
6351 Main Street
Zachary
888-414-7247
225-306-2000
Mon, Tues, Thurs 8:00am - 4:30pm
Wed 8:00am - 7:00pm
Fridays 8:00 am - 12:00 noon

WIC is a nutrition program for pregnant women, postpartum women, infants and children (under five years of age) who may qualify to participate. Those who receive Medicaid, FITAP, Food Stamps, or whose income meets the WIC income guidelines and who are also at nutritional risk are eligible for WIC benefits.

What is WIC?

WIC is a Special Supplemental Nutrition Program for pregnant, breastfeeding, and postpartum women, infants and children up to 5 years of age. WIC provides healthy foods, nutrition education and referrals to other health and social services.

Who is Eligible?

- Pregnant women
- Breastfeeding Women
- Postpartum Women
- Infants
- Children ages 1-5 years

And You Must Meet the Following:

- Income Requirements (see chart)
- Be a Resident of Louisiana
- Have a nutrition related problem

Services WIC Offers:

- ✓ Nutrition Education and Counseling
- ✓ Breastfeeding Support and Education
- ✓ Childhood Immunizations (some clinics give shots others will refer you to another clinic)
- ✓ Referrals to other health/social service programs including; Medicaid, Family Planning, Food Stamps, TANF, LaChip.
- ✓ WIC Foods: Milk, Juice, Cheese, Eggs, Beans, Whole Wheat Bread, Cereals, Fresh Fruits & Vegetables, Infant Formula, Infant Cereal and Infant Fruits & Vegetables.

How to Become a WIC Participant:

- Call 1-800-251-BABY to locate the best WIC Clinic for you.
- Call that clinic. Make an appointment to see if you and/or your children are eligible for WIC.

- **Bring Proof of Income.**

For each person living in your house, bring one of these items:
-Pay stub showing "gross income"
-Current tax records
-Letter from employer with salary amount
-Proof of Social Security benefits
-Alimony or Child Support Payments

- ✓ -Other proof (ask clinic)
Anyone on Medicaid, Food Stamps or TANF is automatically income eligible for WIC. Please bring proof of participating in these programs.

- **Bring Proof of where you live:**

Bring one of these items:
-Rent receipt
-Utility bill
-Other proof (ask clinic)

- **Bring Proof of Identification for each person who wants WIC benefits:** Bring one of these items:

-Driver's license
-Birth certificate
-State or School ID
-Other proof (ask clinic)

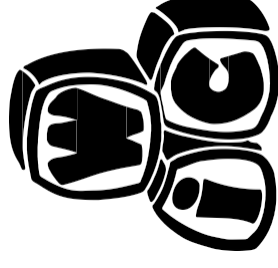
WIC Income Guidelines 2015-2016

Your gross income cannot exceed:

Household Members	Gross Annual	Gross Monthly
1	\$21,775	\$1,815
2	29,471	2,456
3	37,167	3,098
4	44,863	3,739
5	52,559	4,380
6	60,255	5,022
7	67,951	5,663
8	75,647	6,304
9	83,343	6,946
10	91,039	7,587

For more than 10 household members, or if you have any income questions, call 1-800-251-BABY or your WIC Clinic. Individuals with proof of Medicaid, Food Stamps, or TANF automatically meet income requirements.

- ✓ *One pregnant woman counts as 2 household members.*



Louisiana WIC Program

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If you wish to file a Civil Rights complaint of discrimination, complete the USDA Program Discrimination Complaint Form found online at <http://ascr.usda.gov/complaintfilingcust.html>. You may also write a letter to USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington DC 20205-9410, send by fax (202) 690-7442, or call toll free (866) 632-9992. Individuals who are hearing impaired or have speech difficulties may contact USDA through the Federal Relay Service at (800) 877-8339 or (800) 845-6136 Spanish.

USDA is an Equal Opportunity Provider and Employer.