

Baby Grand Packing for the Hospital

Packing for the hospital can be a daunting task. It is best to get some things ready before your due date just in case you go into labor a little earlier. Many new moms have found this guide useful during their labor and deliveries. We suggest you pack a small bag for your time in Labor and Delivery and a larger bag that you leave in the trunk of your car until you are settled into your Mother/Baby room.

Labor and Delivery Bag (small bag)

- Health insurance card
- Prenatal records from physician's office
- Robe
- Slippers
- Socks
- Toiletries
Toothbrush, toothpaste, deodorant, lip balm, makeup, hairbrush, shampoo, soap, lotion, hair band, etc.
- Magazines
- Glasses or contacts and solution
- Baby book
- Camera
- Address book
- iPod/CD player
- Cell phone and charger

Mother/Baby Room (larger bag)

- Nursing bra(s)
- Nursing pillows
- Nightgown
- Pillow from home

Essentials for Baby

- Infant car seat
Install the car seat in your car prior to delivery
- Hat
- Booties/socks
- Receiving blankets
- Gowns or onesies

Essentials for Siblings

- Crayons, markers, paper, coloring books
- Books
- Toys
- Snacks

Baby Grand Packing a Diaper Bag

Putting together a diaper bag for a baby may feel like packing for a weeklong vacation! Use this checklist to make sure that you're fully stocked for your outing with your baby.

- Diapers**
Take more than you think you'll need, as many as one for every hour of your outing. Better safe than sorry!
- A small box or travel pack of wipes**
These aren't just for baby; they're for your hands, too.
- A tube of diaper rash or barrier cream**
- Several cloth diapers or other cloths for burping, spit-up and other messes**
- An extra shirt, pants and pair of socks for baby**
- An extra shirt for you**
- Baby sunblock**
- Baby bottle**
- At least one toy**
- A favorite comfort object**
- If your baby is on solids, pack:**
 - baby food
 - a baby spoon
 - snacks such as cereal or crackers
- A bib**
- Two extra pacifiers (if your baby uses them) stored in a clean plastic bag**
- An index card with your name, address and phone number, should the bag get lost**
- An index card with:**
 - the pediatrician's number
 - a neighbor's number
 - a number where your spouse or one of baby's grandparents can be reached
- A changing pad**
- A few large plastic bags for sealing and tossing dirty diapers or taking home soiled clothes**