



## SAVE the DATE: March 20, 2019 Auxiliary Spring Luncheon and Membership Meeting at Juban's

Mark your calendar and make plans to join us for the Auxiliary's Spring luncheon on March 20, 2019 at Juban's. Formal invitations will be mailed.

## Volunteer Recognition Luncheon Highlights!

Volunteers enjoyed the "Breakfast at Tiffany's" themed celebration and everyone received a new strand of opera length pearls!

### Volunteers recognized for Milestone Awards

#### 5 Years

Ginger Cary, Deacon Don Musso, Sam Thomas, Scotti Vermaelen, Elaine Dean, Lydia Lee, Cathy Lieux, Travis Fox, Barbara Guidry, Stephanie Hasenkampf, Catherine LeBlanc,



Janet Marzloff,  
Jeanne Baker, Rozanne LaPorte,  
Anne Winkler, Jan Radford, Sandra Smith,  
Joann Grimmer, Nancy Powell, Lora Taylor,  
Grace Brown

#### 10 Years

Amelie Haydel, Tommie Sue Fontenot

#### 15 Years

Mary Duhe', Carmen  
McConnell

#### 25 Years

Nancy Paschal

#### 50 Years

Elizabeth Dimmick,  
Wanda Montgomery

### Volunteers recognized for Annual Awards

#### 100 Hours

Pam Beadle, Lisa Binder  
Roxane Bowman,  
Karen Bryant, Dianne Deen,  
Pierce Griffiths,  
Dee LaBauve,  
Jenette Montgomery, Rachel Olson,  
Pat Penton, Diane Ruiz, Connie Sutter,  
Linda Tarver, Peggy Vernice, Arlene Wyatt

#### 300 Hours

Carol Canale, Colleen Chesterman,  
Meridel Cimo, Dianne Deen, Belinda Downing,  
JoAnne Garland, Pierce Griffiths, Dawn Meng, Billy  
Prescott, Opal Prescott, Becky Simmons, Lora Taylor,  
Sue Taylor, Peggy Vernice, CJ Woosley, Iva Wright

#### 500 Hours

LuAnn Byrd, Meridel Cimo, Shirley Eyster, Jyoti Joshi  
Mary Anne Maher



Elizabeth Dimmick received her customized "car" in thanks for her 50 years of volunteer service. The car included a personalized license plate and Woman's logo hood and hubcaps!

### 1,000 Hours

Helen Crouse, Tommie Sue Fontenot, Joann Grimmer  
Rozanne LaPorte, Dave Peterson, Judy Peterson, Nancy  
Powell, Joellen Williams

### 2,000 Hours

Frankie Edwards, Carmen McConnell

### 2,500 Hours

Mary Duhe'

### 3,500 Hours

Elaine Burke

### 4,000 Hours

Carolyn Cate,  
Nancy Hubiak,  
Catherine Munson

### 4,500 Hours

Sal Gallo

### 6,500 Hours

Pat Moreau



### February

1 – Cecilia Debetaz

4 – Roxane Bowman

11 – Stephanie Hasenkampf, Judy Montague

14 – Jeanne Didier

15 – Jerri LeBlanc

17 – Carol Canale, Leigh Loe

20 – Patricia Aubert

21 – Jeri Harper

27 – Carmen McConnell

29 – Linda Tarver

## Upcoming Auxiliary Fundraisers

Volunteers are needed to help with 2019 fundraisers.  
Please let us know if you are interested in signing up!  
Triple hours are offered for volunteering.

### **January 31 & February 1, 2019**

#### **Jewelry Elite**

Conference Rooms 1, 2 & 3  
7:00 AM – 4:00 PM

### **February 14, 2019**

#### **Valentine's Day Bake Sale**

Conference Room 2  
10:30 AM

### **April 1 & 2, 2019**

#### **\$6 Jewelry, Purses & More**

Conference Room 2  
7:00 AM – 4:00 PM

### **October 3 & 4, 2019**

#### **Dynamic Cookware**

Conference Room 3  
7:00 AM – 4:00 PM

### **December 16 & 17, 2019**

#### **\$6 Jewelry, Purses & More**

Conference Rooms 1 & 2  
7:00 AM – 4:00 PM

## Foot Pain Seminar – February 7

Join Dr. Meredith Warner, foot specialist, orthopedic surgeon and wellness expert, for a **FREE** plantar fasciitis seminar at Woman's Center for Wellness on February 7 at 6:00 PM.

Plantar fasciitis is a common problem in women and usually causes pain in the heel or arch, mainly after rest. Learn about techniques to relieve the pain and improve the condition. Dr. Warner will demonstrate a flip flop she designed to reduce the stress and pain of this condition. Our physical therapist will also discuss therapy interventions for these conditions.



**TO:** Woman's Hospital Auxiliary Bakers

**DATE:** January 24, 2019

**FROM:** 2019 Bake Sale Committee

**RE:** 2019 Bake Sale  
Thursday, February 14, 2019

Items Needed (all items must be homemade):

- ♥ Sugar-free items
- ♥ Low calorie items
- ♥ Cookies
- ♥ Cupcakes
- ♥ Candy/Fudge
- ♥ Cakes/Pies
- ♥ Breads/muffins
- ♥ Savory items (cheese straws, breads)

Packaging Instructions:

1. Package ready for sale (minimum price \$1/pkg.)

- ♥ 2-3 cookies or 2 pieces of candy
- ♥ Whole cakes

2. Dress it up!!

- ♥ Use Valentine's Day packaging if you can

3. Label items

- ♥ Is it sugar-free? (made with Splenda, etc.)
- ♥ Does it contain nuts???
- ♥ Any special ingredients (extracts, liquers, etc.)?

4. Use disposable containers

- ♥ Boxes, trays etc. so we don't have to return anything to you.
- ♥ If you do need an item returned – PLEASE LABEL IT.

Delivery Instructions

- ♥ Deliver your donations to Volunteer Services between 2 - 4 PM on Wednesday, February 13
- ♥ OR to the Med-Surg Discharge area between 8 - 9AM on Thursday, February 14.
- ♥

*If you have questions, please call Pam Parker (205-7772), Leda Smith (287-1375) or Peggy Vernice (603-1543).*



**Thank you for your continued support  
of the Woman's Hospital Auxiliary mission!**